

BASIC NURSING SKILLS

COURSE TITLE: MW 6120 BASIC NURSING SKILLS

Course hours: 40 hours including lab (8 classes) each class is 5 hours

Required Text: none /lecture, lab and handouts

Course Outline:

Class 1

Introduction

MW 6120.01 demonstrate the correct procedure for taking and understanding the significance of vital signs including blood pressure, pulse, respirations, and temperature

MW 6120.02 demonstrate the correct way to maintain aseptic techniques, sterile fields

Class 2

MW 6120.03 demonstrate the correct procedure for preparing and administering medications including injections, eye prophylaxis, location on the body for administering medications

. MW 6120.04 demonstrate an ability to explain the procedure to the client including carrying out the procedure in a compassionate manner so as not to injure or frighten the client

Class 3

MW 6120.05 demonstrate the correct procedure to catheterize the bladder using sterile technique

MW 6120.06 explain the procedure for doing an enema including temperature of water, height of enema bag

Class 4

MW 6120.07 demonstrate an ability to perform finger and heel sticks

MW 6120.08 demonstrate an ability to perform a venipuncture including using the correct tube top, storage of blood products for laboratory pick-up

Class 5

MW 6120.09 demonstrate an ability to do accurate charting including relevant medical terminology, abbreviations and legal aspects

MW 6120.10 explain the surgical environment

MW 6120.11 explain the importance of complete, accurate charting including legal aspects

Class 6

NIW 6120.12 discuss frequency charting during labor according to the Florida Midwifery Law

NIW 6120.13 explain measurements used in relevant midwifery care including centimeters, pounds, grams, kilograms, cc's, Fahrenheit and Celsius

NIW 6120.14 demonstrate an understanding of principles of body mechanics

Class 7

NIW 6120.15 demonstrate an ability to assess edema

NIW 6120.16 explain the proper equipment relevant to the licensed midwife including maintenance

NIW 6120.17 demonstrate correct hand washing procedure and sterile glove technique

Class 8

NIW 6120.18 demonstrate an understanding of Universal Precautions

NIW 6120.19 explain hot and cold applications

NIW 6120.20 demonstrate the proper procedure for Micro-Hematocrit Reading

NIW 6120.21 describe the infections process cycle including a knowledge of how to break the cycle

NIW 6120.22 explain body positions including semifowler, trendelenberg, knee chest, lithotomy, and supine/prone